

Fitness Swim

Monday

6:00 am-9:00 am 3 lanes
9:00 am-10:00 am 1-2 lanes*
10:00 am -11:00 am 2 lanes*
11:00 am-1:30pm 3 lanes
1:30 pm-3:30 pm CLOSED
3:30 pm- 8:45 pm 1-2 lanes*

For individuals
13 years and
older
swimming
continous

Tuesday

7:30 am-1:30 pm 3 lanes
1:30pm-3:30 pm CLOSED
3:00 pm-4:00 pm 3 lanes
4:00 pm -5:00pm CLOSED
5:00 pm-8:45 pm 2 lanes

These
schedules may
be subject to
change

Wednesday

6:00 am-9:00 am 3 lanes
9:00 am-10:00 am 1-2 lanes*
10:00 am -11:00 am 2 lanes
11:00 am-1:30pm 3 lanes
1:30 pm-3:30 pm CLOSED
3:30 pm- 5:00 pm 1- 2 lanes*
5:00 pm - 7:00pm 1 lane
7:00 pm- 8:45 pm 2 lanes

Thursday

7:30 am-1:30pm 3 lanes
1:30 pm-3:30 pm CLOSED
3:30 pm- 5:30pm 1 lane
5:30 pm-8:45 pm 1-2 lanes*

Members are
expected to
share lanes
during busy
hours.

Friday

6:30 am-9:00 am 3 lanes
9:00 am-10:00 am 1-2 lanes*
10:00am-1:30 pm 3 lanes
1:30 pm-3:30 pm CLOSED
3:30 pm-5:30 pm 1 lane
5:30pm-8:45 pm 1- 2 lanes*

*lane availability
may change
based on the of
participants in a
program

Saturday

6:30 am-8:30 am 4 lanes
8:30 am-9:00 am 1-2 lanes
9:00 am-9:30am CLOSED
9:30 am-12:05 pm 1 lane
12:05 pm-5:45 pm 1-2 lanes*

Sunday

8:00 am-10:00 am 3 lanes
10:00 am- 1:45pm 1-2 lanes*