

# Northwestern CT YMCA Winsted Branch Pool Schedule-Winter 2010 (Dec 1st-March 15th, 2010)



Day	Lane	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	8:45	9:00	
Monday	1																																		
	2																																		
	3																																		
	4																																		
	5																																		
	6																																		
Tuesday	1																																		
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	5																																		
	6																																		
Wednesday	1																																		
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	6																																		
Thursday	1																																		
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Friday	1																																		
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Saturday	1																																		
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	6																																		
Sunday	1																																		
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Schedule subject to change, please check with the Member Services Desk.

Lap Swim - Swimmers must be 13 yrs of age and swim full pool lengths continuously. "Circle Swimming" rules apply when two or more swimmers share a lane. Please allow faster swimmers to pass when necessary.  
All lanes are open for lap/fitness swim, except when otherwise designated

Family/Open Swim- Open to adults and children. 1-3 lanes may be designated for lap swim, while other lanes will be open for non-lap swimming. An adult must accompany children under the age of 13.

### Home Swim meets will be held on the following days:

- Wed 12/23 at 7:45pm
- Friday 1/9 at 6:30pm
- Sat 1/23 at 4:00pm
- Friday 1/29 at 6:30pm
- Sat 1/30 at 4:00pm
- Sat 1/9 at 4:00pm
- Friday 1/22 at 6:30pm
- Tue 2/9 at 7:45pm
- Friday 2/12 at 6:30pm
- Sat 2/13 at 4:00pm
- Friday 2/5 at 6:30pm
- Sat 2/6 at 4:00pm