

# TORYMCA Day Camp

## Parent Information

### **What to bring:**

Campers should bring to camp the following items everyday: Lunch in a paper bag labeled with name and unit; Sneakers (no sandals); T-shirt, towel, sun block, bathing suit, insect repellent, sweatshirt and raincoat for cool or wet days.

Please label all items with campers full name. A small backpack is helpful because children travel about camp throughout the day.

### **Personal Property:**

Campers are not permitted to bring sports equipment, radios, knives, or weapons of any kind. We strongly discourage campers from bringing money, toys, or other personal items because too often they are lost or mishandled. Camp Torymca is not responsible for any lost, stolen, or damaged articles brought from home.

### **Transportation:**

Bus schedule times are estimates, so please be sure to arrive earlier than the times that are printed. Camp provides supervision on the bus, but not at the bus stops. Please stay at the stop with the camper until they board the bus. It is very important to be at the bus stop on time in the afternoon, as children are often very tired and can become upset if parents are not there to pick them up. In the event that no one is at the stop to pick up the child, the bus will wait 5 minutes, and then the child will be taken to the nearest YMCA branch. Any person picking up a child at a bus stop must be included on the pick up list on camper registration form. **A photo ID will be required at the time of pickup.**

### **Bus Registration:**

In order for your child to ride the bus, the bus registration portion of the camper registration form should have been filled out. If this information was not filled out, or has changed since registration, please contact the camp registrar at 860-489-3133. Every camper should wear a nametag when boarding the bus. Please include name and unit. Additional nametags are available at both YMCA branches.

### **Lost and Found:**

The camp office will maintain the lost and found at camp. Every effort will be made to find the owners of the lost items. Please assist us by having your child's name on everything they bring to camp.

### **Medications:**

If your child will need medication while at camp, prescription or over the counter, the following regulations apply: Medication should be given at home if possible. All medication must be delivered to a counselor or bus monitor by a parent. Children must not deliver medications. The required medical form must be completed by a physician and on file at camp before medication can be given. All medications must be delivered in the original container and labeled with: Name of child, name of drug, strength, dose, frequency, and physician's name. Medications must be picked up at camp when the order is no longer applicable. All medications not picked up by the last day of your child's session will be discarded.

**Medical Forms:**

The enclosed medical forms must be returned to the Camp Director, **no later than two weeks before your Childs session**. There are three forms; 1. *The Health History Form*; Torrington YMCA requires a physicians signature and current health exam thirty-six months or less. The form needs to be updated each year. 2. *Standing order form*; Parent answers yes or no to supplies used by infirmary. 3. *Medication Authorization*; filled out by the physician only if medication is needed at camp. These forms are required to attend camp, ***campers without forms will be sent home until forms are received.***

**Illness / Emergency Procedure:**

Parents are required to sign a medical release giving the YMCA permission to seek medical attention for their child in the event of illness o injury. If a child becomes ill during camp and is unable to participate in camp activities, parents will be notified. If a child is hurt, immediate first aid will be administered at camp. Parents will be informed of any treatments given other than the most minor of incidents. Should your child require immediate medical attention, the camp will attempt to contact Parents as soon as possible. Transportation to Charlotte Hungerford Hospital will be arranged for the camper and a staff person will remain with the child until the parents arrive. Emergency transportation from camp is by ambulance service and parents are financially responsible for any emergency medical treatment given outside camp.

**Swimming:**

Each child will have an option to participate in daily swim lessons and to participate in free swim time. Children will be expected to participate in swim lessons unless they have a note from a parent excusing them. All children will be given a swim test on the first day of each session to determine swimming ability.

**Nap / Rest Time:**

Only the Chipmunk unit has a regularly scheduled quiet time. Please send a small mat, rug, or a blanket that your child will lay on. This will be sent home on each Friday to be cleaned.

**Rainy Days:**

Camp will be in session regardless of weather and all outdoor activities will continue. Please dress campers according to weather conditions, including warm clothes and rain gear when needed.

**Overnights:**

One Thursday per session (weather permitting) all campers (except Chipmunks) are invited to stay overnight. There will be an extra charge for food which includes dinner, breakfast, and lunch. Information will be sent home with campers each Tuesday prior to the overnight.

**Family Nights:**

Campers are invited to bring their family members and friends to an evening of activities and tours. Information will be sent home with campers each session. Our annual family carnival is open to all campers and families of all sessions. Information will be mailed prior to the event.

**Birthdays:**

Birthdays are very important. If you would like to send in a special treat on your child's birthday, please contact the camp office in advance. Rosters need to be checked for food allergies before any food can be shared.

**Absences, Lateness, and Early departures:**

*Please call the camp office before 9:15 am. If your child will be absent or late for the day.* Late arrivals must report to the camp office before joining their group. Early departures must be arranged with the camp office in advance. Children leaving early must be picked up and signed out at the camp office. Expect to be asked for photo I.D. at the time of pick up. To ensure your child's safety, our staff will contact you if your child is absent without prior notification.

**Suspension:**

Grounds for Suspension from camp will include; misbehavior by the camper, failure to submit payments in full and on time, and failure to submit health forms completed on time.

**Camper Care / Before and After care:**

If our schedule does not meet your needs, childcare is available both before and after camp at the Torrington YMCA. Information is included in the Registration form.

**Communication:**

The camp office is open from 8:50 to 4:30 each day while camp is in session. The phone number at camp is 489-5847. Messages may be left for camp when camp is not in session at 489-3133 ext. 132.

**Commonly Asked Questions:****What if my child misses the Bus or is Late?**

Parents are welcome to bring their child up to camp on their own. You must stop in the Camp office and sign in upon arrival.

**Can my child be picked up at one place and dropped off at another?**

YES, you may specify requests on the registration form.

**Can I sign up for half a session?**

No, Sessions cannot be pro rated.

**How does my child qualify for member rates?**

The camper must have a membership under his or her name or be included in a Family membership to receive member rates. A parent with an adult membership does not qualify their child to receive member rates.

**Does my child have to have a medical form filled out before the start of camp?**

YES! If your child has had a physical within the past three years, all you are required to do is have your doctor fill out the form if more than three years have passed, he/ she is required to have a new physical. Medical forms are included in the Parent packet that you receive after registration. The form must be returned and completed two weeks prior to the start of a session. In accordance to state law the child can not be in camp with out the proper medical forms on file.

### **Open House:**

This year the Open house will be on **Saturday June 4<sup>th</sup> 2005 from 1 – 4 pm.** (Rain or Shine) All campers and potential campers and their families are invited to Camp for a tour and to meet the director and the staff. Hope to see you there!

Visit Camp TORYMCA's new web site at [www.northwestctymca.org](http://www.northwestctymca.org) for blank medical forms, bus schedules, special events, pictures, and more!

### **IMPORTANT CAMP INFORMATION**

#### **2005 TORYMCA DAY CAMP HOURS**

Torymca day camp runs from 9-4 Monday through Friday.

Important Camp phone numbers:

Camp Torymca	489-5847 (Summer only)
Camp Torymca Fax	626-7172 (Summer only)
Winsted YMCA	379-0708
Winsted Fax	379-1328
Torrington YMCA	489-3133
Torrington Fax	482-4853
Camp Director	489-3133 ext.132
LARC	482-9364

#### **Directions to Camp Torymca.**

From Torrington: Follow the signs to Rt. 4. After the intersection of Rt. 4 and Rt. 272 turn right on to University Drive at the signs for the Uconn campus. Take the second left on to Brandy Hill Road. At the fork bear right. Torymca is at the top of the hill on the left at the sign for Camp TORYMCA.

From Winsted: From Rt. 8 south take exit 44 for Rt. 4. Take a right at the end of the exit. Follow signs to Rt. 4. Continue on Rt. 4 and 272, and then follow the Torrington directions above.

### **Pre camp Checklist**

- Medical forms and emergency contact and release information completed and returned to the YMCA two weeks prior to camp.
- Bus information filled out on registration form.
- Payment made in full by June 1<sup>st</sup>, 2005
- Read handbook and understand all camp policies and procedures including what to send on the first day of camp.

### **Question or Concerns**

Contact Patrick Marchand  
489-3133 ext 132 or [pmarchand@northwestctymca.org](mailto:pmarchand@northwestctymca.org)